

The Making Of Shelly-Ann Fraser-Pryce

Shelly-Ann Fraser-Pryce

Who was one of the best runners in the world?

Read further to discover who this remarkable runner is

Introduction

Jamaican runner Shelly-Ann Fraser-Pryce has represented her country in many world wide competitions, including three olympic games . She specialises in 100m races -both as a mother and wife.

Family and Early life

Shelly-Ann Fraser-Pryce was born in Kingston, Jamaica on 27th December 1986. Her coach ,Reynaldo Walcott , trained as a volunteer on a track team. Shelly is one of three children:her two brothers Andrew and Omar. Shelly attended local schools and , despite her running being interrupted by her education, she still achieved great exam results at her secondary school.

Sporting Beginnings

Starting to run at the age of 10, Shelly then began to train daily at her local track. Although, she was keen on other sports. She was spotted by many coaches but she stood out to Reynaldo Walcott for her great aspects. She trained at the