



## St Matthias CE Primary School Newsletter

**Friday 13th  
September  
2024**

### **News from this week:**

Dear parents and carers,

We are back in our full flow and it is great to see children adapting so quickly back into the routine of school. Gates open at 8:30 and children are bounding in with smart uniform. Please be reminded to label jumpers. With this changeable weather children are leaving their jumpers and without names it is hard to ensure they get back to their owners.

We are pleased to have launched our clubs this week- with a sports club everyday. Mr Ross has secured a training place through university to become a teacher- we wish him luck. Mr Samson has been a fabulous addition to our school from Badu sports- you should see the fitness circuits he has been running at lunchtime!

We are also very pleased to welcome Mr Ian, our new premises manager. Please say hi to him if you see him at the gate.

Wishing everyone a lovely weekend.

Mrs Blewett

### **Important dates:**

**Wednesday 16th  
October**  
Year 5 Trip to  
Hackney Museum  
AM only

**Friday 18th  
October**  
Year 4 Trip to  
Hackney Museum  
AM only

**Friday 18th  
October**  
Year 6 Trip to  
Hackney Museum  
PM only

### **PE next week - please ensure pupils are in appropriate PE kit**

Monday	Tuesday	Wednesday	Thursday	Friday
		Year 4	Year 5	Year 6
		Year 3	Year 1&2	EYFS

### **Hot chocolate Friday!**

Pupils enjoyed hot chocolate this week. They have consistently displayed exemplary behaviour and learning.

EYFS	Yr 1	Yr 2	Yr 3	Yr 4	Yr 5	Yr 6
Shaé	Kamirah	Daniel	Sharon	Joellianna	Jaheim	Dennikye

### **News from our classes: What has been the most memorable learning this week?**

<b>EYFS:</b> We have been getting busy in all the different areas of our provision! Our main topic (All about me) has started with us thinking about what makes us special. We will also be	<b>Year 1:</b> We have worked very hard this week during lessons & are embedding our new routines excellently! In maths we have been practising counting within 10 and forming	<b>Year 2:</b> We have had a very busy week of learning in Year 2! We have been busy writing poems about what we might see in the Jungle using adjectives, proving that one ten is the same as ten ones in maths and using our	
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<p>exploring our families so don't forget to send us your pictures on Class Dojo!</p>	<p>numbers correctly. In RE we learnt about the story of Creation and discussed our favourite parts, and we practised our pattern-making skills during handwriting lessons. We explored our new story "Old Bear" which I think we will enjoy reading very much!</p>	<p>classification skills in Science to sort different materials by their properties.</p>	
<p><b>Year 3:</b> This week year 3 have focused on creating a setting description in writing. They have also begun to focus on the stone age as part of our humanities topic 'Prehistoric Britain'. To help the children answer the question 'how do we know about life during the stone age?' The children assumed the roles of archaeologist where they dug for fossils and artefacts. Well done year 3!</p>	<p><b>Year 4:</b> We have worked very hard this week. In science we have conducted an experiment to understand the digestive system. We used food bags to represent our stomach and observed how long it took for a biscuit to be broken down. In humanities we were researching how the Romans conquered Britain and discovered London was first called Londinium</p>	<p><b>Year 5:</b> Year 5 has had an amazing second week of the term. They have been working really hard, especially in writing. They were able to create expanded noun phrases, using such amazing Adjectives, they also used powerful verbs, to create a setting description.</p>	
<p><b>Year 6:</b> This week, we have been writing 'perfect sentences' in our writing lesson, embedding grammar concepts into our writing. We have been blown away by the quality of the writing! We have also started our topic of classification in science, where we learnt about different types of vertebrates, as well as starting to think about the survival of the Christian message in RE.</p>			

School value in focus this week: **Kindness**

Each week the class teacher nominates a pupil in their class who has shown the school value that was in focus.

The pupils who have shown excellent **Kindness** are:

EYFS	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Abigael	Inaaya	Kavell	Safiyah	D'Neisha	Taaraz	Zayn

### **Hackney CAMHS Parent and Young people support padlet**

Hackney CAMHS have produced some fantastic padlets filled with resources for your children, and for yourself as parents of children with Special Educational Needs.

Please click through the links below to find drop in clinics, workshops and training, as well as many more resources to help support you.

For parents and carers:

<https://padlet.com/CityHackneyCAMHSSPA/support-for-parents-carers-in-hackney-wy5uh2jp9izhgsm>

For children:

<https://padlet.com/CityHackneyCAMHSSPA/support-for-young-people-71a1q574lr3vn5rw>

Please contact Ms Cherid (SENDCO) if you need any support signing up for any services posted in these links (see below!)

City and Hackney CAMHS SPA • 1 • 70

### Support for Parents & Carers in Hackney

In a mental health crisis, phone our Crisisline on 0800 073 0006, or go to your nearest A&E if you need to. This is a live and dynamic document (not an official website) that we change all the time as we become aware of new offers. Please tell us if there is something you think needs to be added, removed or altered.

**Mental Health Support for Parents**

**IRIS Hackney**  
**North East London Board**  
IRIS Domestic Violence Guidance & Resources for GPs - GP Website  
Referral pathway for GP practices; we support victims of domestic violence and abuse who are standard-medium risk.  
IRIS Domestic Violence Guidance & Resources for GPs - GP Website [\(cityandhackneyccg.nhs.uk\)](http://cityandhackneyccg.nhs.uk/)

**IDVA 55+ Hackney**  
Independent Domestic Violence Advisor (IDVA)  
Our Referrals page on [frg.org.uk](http://frg.org.uk)

**Bump Buddies**  
Bump Buddies is a free service for women in Hackney who are pregnant, or who have recently given birth. Many women feel anxious or worried about aspects of pregnancy. Bump Buddies offers support from expert staff and highly trained peer mentors who can give you reassurance, time to ask questions, and chance to meet women who understand how you are feeling.

To request a Bump Buddy: Complete the [Bump Buddies self-referral form](#). Email us to [lgns@nhsdigitaltrust.org.uk](mailto:lgns@nhsdigitaltrust.org.uk). You can also call us on: 020 7033 8524 or drop into our weekly group, Baby Buddies for a chat and more information.

**First Year & You Parenting Program**

**Parenting Support for Parents of Infants (0-5)**

**Parenting Support for Parents of Children (5-11)**

**Parenting Support for Parents of Teenagers (12-18)**

**Cygnet**  
Post diagnostic support for parents of young people aged 9-15 with a diagnosis of Autism (with or without Learning Disability). There are also Cygnet groups specifically for families from the Orthodox Jewish Community.

**Next Group: Understanding and Managing Behaviours parent's group** at Linden Children's Centre on the following dates: Monday 1st July 10AM - 12PM Monday 8th July 10AM - 1PM (12-1PM optional Q&A)

The group is a **standalone intervention**, with the option for review at the end of the second session.

**Where:** Linden Children's Centre, 86 Rectory Road N16 7SH  
**Ph:** 0207 041 7135

**Managing Child Anxiety**  
6-week in-person parent/carer

**People Participation Opportunities for Parents**

**Hackney Education & Other Education Services**

**Hackney Educational Psychology Service (EPS)**  
If a child or young person is having difficulty at school or college, staff will try to help them with interventions for pupils at SEN Support level including using the [Graduated Response](#) (PDF 84 KB). If, despite getting help, the pupil does not make progress and parents have given their permission, the setting can ask an Educational Psychologist (EP) to suggest ways of helping. The EP may then:

- work with key members of staff in the school or setting
- observe a child or young person
- work with a child or young person individually

They may also contact other professionals who know the child or young person well.

The service also offers free

First Steps Interview Training Parents  
LOOKING FOR PARENTS/CARERS WHO HAVE USED COMMUNITY CAMHS TO HELP US INTERVIEW NEW STAFF!  
THE TRAINING WILL COVER TOPICS TO TRAIN PARENTS TO SIT ON FUTURE INTERVIEW PANELS FOR NEW EMPLOYEES TO OUR SERVICE

WHY GET INVOLVED? AN OPPORTUNITY TO BE CREATIVE, PUT SOMETHING INTERESTING ON YOUR CV, GET A CERTIFICATE AND GET PAID!!

When & Where: 16/07/2024 10-12PM @ Hackney Ark (free snacks and £10 voucher)

CONTACT: [eleanor.english@nhs.net](mailto:eleanor.english@nhs.net) 0207 014 7135/0790116508

First Steps Parent Forum

Polite Snail

City and Hackney CAMHS SPA • 3d

### Support for Young People

In a mental health crisis, phone our Crisisline on 0800 073 0006, or go to your nearest A&E if you need to. This is a live and dynamic document (not an official website) that we change all the time as we become aware of new offers. Please tell us if there is something you think needs to be added, removed or altered.

**Mentoring, Youth Clubs & Activities**  
we depend on volunteer mentor availability. Please contact your local XLP Mentoring Manager to discuss the referral form so we can ensure we have space on the programme.  
After accepting a referral, we'll arrange an assessment meeting with the parent/carer and young person. This helps ensure suitability and commitment. We'll then match them with a suitable mentor. There is no set timescale for the process and we ask that referrers are patient with us as we look to make the best possible mentoring match.  
Please note that we are not set up to work with young people who, due to their high risk needs or the requirement of specialised help, would not be safe in a 1:2:1 environment with a volunteer mentor.

**Summer Holiday Play Schemes**  
Free for Pupils on Free school meals.  
Small group activities including arts and crafts, drama and theatre, dance tuition and learning, multi-sports and well-being, martial arts, boxing and cycling.  
10am-2pm Mondays to Thursdays  
Week 1 29/07- 1/08/24  
Week 2 5/8/24 - 8/8/24  
Deadline for booking 19/07/24  
Daubeny Primary School  
[info@ah.org.uk](mailto:info@ah.org.uk)  
020 8432 6999  
[www.ah.org.uk](http://www.ah.org.uk)

**Growing Minds**  
Growing Minds aims to improve children and young people's emotional health and wellbeing in City & Hackney during the important transition years from primary to secondary school and secondary school to adulthood.  
The project, which supports children and young people aged 11 to 25 of African, Caribbean and mixed heritage (ACh), is funded by the Department of Health, Hackney Council and City & Hackney CCG.  
Children, young people, young adults and parents/carers can self-refer or be referred by Children's and Adult Social Care, CAMHS, a GP, educational providers, or the Voluntary and Community Sector. Access the referral form [here](#).  
Contact: For further information about Growing Minds, please

**Therapeutic Support for Teenagers (Individual & Group)**  
**Kooth**  
Online mental health support for young people including activities to boost well-being, journal, forum, podcast and 1:1 messaging or live chat.  
[Sign up at: https://www.kooth.com/](https://www.kooth.com/)

**Child Well-Being Practitioner (CWP)**  
Young people who have never needed to access mental health services in the past, who are presenting with mild mental health symptoms can access 6-8 sessions of manualised Cognitive Behaviour Therapy with a CWP.  
The courses for young people aged 11-18 are:

- Adolescent Anxiety
- Low mood

**Transition to Adulthood**  
**Bootstrap Charity**  
CONTACT Bootstrap Charity  
YOUNG PEOPLE SUPPORT  
We help young people in Hackney to make informed career choices through running Industry Insight Days, promoting Work Experience and offering Career Mentorship.  
Contact: <https://bootstrapcharity.com/contact/>

**Young People's Forum**  
Ellie (from Community CAMHS) is aiming to design a fun, relaxed group for young people who have accessed CAMHS to share their honest views and work on projects and think about community engagement with mental health.  
Currently she is seeking a small group of young people to design it with her.  
When: Thursday 16/05/24 5-6pm ONLINE  
Book: by emailing [eleanor.english@nhs.net](mailto:eleanor.english@nhs.net)

**Youth Council**  
We are looking for young people aged 14-19 at school in Hackney to join a Youth Council working with professionals in Health and Education.

**Hackney I & Other E Services**

Tip for keeping pupils safe online (taken from [saferinternet.org.uk](https://www.saferinternet.org.uk))

How do apps get us to come back?



...



**Infinite scrolling**  
...you'll never get to the end

**Pull to refresh**  
...just pull down for more content if you're bored

**App notifications**  
...your friend has posted so you better check the app

**Auto-play**  
...your device will press play for you

**Suggested content**  
...the app's got your next friend or video lined up

**Ellipsis**  
...your friend is typing so you better stay on the app

**Rewards**  
...you better go on the app to get your daily reward

**Notifications colour**  
...as it's in red you better open it

## Keeping Children Safe

The safeguarding of the children at St Matthias is our number one priority. We adhere to stringent safeguarding procedures to protect the welfare of all the children who come to our school. We will endeavour to work with parents and carers as it is our duty as a school to protect our children and to keep them safe.

If you have any concerns or queries, please do not hesitate to contact our designated safeguarding lead (Ms Blewett) or the deputy safeguarding leads (Ms Blewett, Miss Froock, MS Thomas).

Please ensure you have the correct uniform and PE kit for September. Black shoes only (no logos/colours). St Matthias jumper, white shirt, tie, grey trousers/skirt.

For PE- white tshirt, blue st matthias jumper, blue or black joggers ONLY.

<https://myclothing.com/collections/st-matthias-church-of-england-primary-school-23799>

### **School uniform**

Grey or black skirt	Grey or black pinafore	Grey or black trousers (not joggers)	White shirt (short or long sleeved)	Blue jumper with logo badge	Blue cardigan with logo badge	Navy and gold striped tie	Black shoes (can be 100% black trainers)

### **PE kit**

To be worn to school on PE days

To be brought to school in a kit bag for after school club

Not having correct kit may result in not being able to take part in lesson

Jogging pants Navy or Black	Plain white T-Shirt	Or White logo polo	Blue jumper with logo badge	Or fleece top with logo badge	100% black trainers	Black plimsoles

Please be aware that there is **new government guidance for unauthorised absence and irregular absence** came into effect from 19th August 2024. If your child has more than 5 days off across a 10 week period you run the risk of being fined and going to court. Hackney will be closely monitoring attendance at St Matthias. Please ensure no term time holidays. Only appointments with evidence will be authorised. Repeated sickness will be referred to the school nurse and without doctors notes will be unauthorised. Please ensure all pupils are in school every day as lateness and absence effects learning outcomes for our pupils! New government guidance: [Working together to improve school attendance \(applies from 19 August 2024\)](https://www.gov.uk/government/publications/working-together-to-improve-school-attendance) every child needs to have >95% attendance.

## 10 SESSIONS (5 DAYS) OF UNAUTHORISED ABSENCE IN A 10-WEEK PERIOD

Penalty Notice Fines will be considered where there have been 10 sessions (5 days) of unauthorised absence in a 10-week period.

**1**

### FIRST OFFENCE

The first time a Penalty Notice is issued for Term Time Leave or irregular Attendance, the amount will be:

£160 per parent, per child if paid within 28 days

Reduced to £80 per parent, per child if paid within 21 days

**2**

### SECOND OFFENCE (WITHIN 3 YEARS)

The second time a Penalty Notice is issued for Term Time Leave or irregular Attendance, the amount will be:

£160 per parent, per child to be paid within 28 days.

No reduced rate will be offered.

The following changes apply to unauthorised absence and irregular attendance after 19th August 2024:

Please follow the link for the full government publication:

<https://www.gov.uk/government/publications/working-together-to-improve-school-attendance>

**3**

### THIRD OFFENCE AND ANY FURTHER OFFENCES (WITHIN 3 YEARS)

The third time an offence is committed for Term Time Leave or irregular attendance, a Penalty Notice will not be issued, and the case will be presented to the Magistrates' Court.

Magistrates' fines can be up to £2500 per parent, per child.

Cases found guilty in Magistrates' Court can show on a parent's future DBS certificate, due to failure to safeguard a child's education.